

# CAMELOT SPA<sup>®</sup>

Your World Of Wellness

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## MASSAGE THERAPY

<b>Back, Neck and Shoulder Massage</b>	<b>30 min</b>	<b>R370</b>
	<b>45 min</b>	<b>R510</b>
	<b>60 min</b>	<b>R620</b>

This massage helps relieve the tension in the neck, shoulders, upper and lower back.

<b>Indian Head Massage</b>	<b>30 min</b>	<b>R370</b>
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

<b>Pressure Point Foot Massage</b>	<b>30 min</b>	<b>R370</b>
	<b>45 min</b>	<b>R510</b>

Relax and balance the body through stimulation of pressure points situated on the feet.

<b>Swedish Body Massage</b>	<b>60 min</b>	<b>R620</b>
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Provides a sense of well being, eases tense muscles and induces relaxation.

<b>Aromatherapy Massage</b>	<b>60 min</b>	<b>R680</b>
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Promotes healing, well-being and relaxation using pure essential oils and light massage strokes.

<b>Deep Tissue Massage</b>	<b>60 min</b>	<b>R680</b>
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A deep pressure massage to relieve tension and detoxify.

<b>Hot Stone Massage</b>	<b>60 min</b>	<b>R680</b>
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

<b>Spa Taster</b>	<b>60 min</b>	<b>R680</b>
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30 min Back, Neck and Shoulder Massage  
30 min Thalgo Illuminating Radiance Facial

<b>Camelot Universal Signature Massage</b>	<b>60 min</b>	<b>R710</b>
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A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.

## ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

Upgrade your 60min massage with an extra 30min	<b>R270</b>
Add Hot Stones to your massage	<b>R 90</b>
Add a Back Scrub	<b>R 90</b>

## SKIN CARE THERAPY

### CSPA AROMA WELLNESS

<b>CSpa Aroma Facial</b>	<b>30 min</b>	<b>R360</b>
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CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

<b>CSpa Hydrating, Rebalancing or Anti-Ageing Facial</b>	<b>60 min</b>	<b>R600</b>
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This multi-sensory, results driven skin treatment includes a luxurious facial massage and an Aroma serum (either Hydra-Boosting, Age-Defying or Oily/Combination Rebalancing) to suit your skins main concerns.

### THALGO SKIN CARE

<b>Thalgo Illuminating Radiance Facial</b>	<b>30 min</b>	<b>R470</b>
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Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

<b>Thalgo Spa Skin Facial</b>	<b>60 min</b>	<b>R640</b>
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This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Source Marine or Cold Cream Marine Ritual).

<b>Thalgo Deep Cleansing Facial</b>	<b>60 min</b>	<b>R640</b>
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Specifically designed for combination to oily skin, this Pureté Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.

<b>Purity ThalgoMen Facial</b>	<b>45 min</b>	<b>R640</b>
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Wake up and energise tired skin. Includes a full cleanse, scrub, energising digito-pressure massage and anti-fatigue mask resulting in clearer skin.

<b>Thalgo Ocea Men's Treatment</b>	<b>60 min</b>	<b>R870</b>
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Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

<b>Thalgo Micronized Marine Algae Facial</b>	<b>60 min</b>	<b>R850</b>
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The Thalgo exclusive Thalassotherapy-inspired facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

<b>Thalgo Source Marine Hydrating Facial</b>	<b>60 min</b>	<b>R880</b>
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This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask.



## HYDROTHERAPY

### CSpa Sensorial Shimmer Milk Hydrobath

**30 min R270**  
**per couple R350**

This sensorial shimmer milk bath is rich in vitamins. It is regenerating, rejuvenating and remineralising. Leaves the skin dusted in a shimmering veil.

### Thalgo Seaweed Detox Hydrobath

**30 min R580**  
**per couple R630**

A Warm bath soak of Micronised Marine Algae helps to detox and re-mineralize the body, addressing overweight and cellulite conditions. Used as a slimming booster bath.

### Rasul Self Application Treatment 30 min R330

The Rasul treatment is a detoxifying cleansing ritual. This self-application of salt and mud detoxifies and rejuvenates the body leaving the skin satin smooth.

## WAXING

We offer a complete range of waxing services. Please consult with your therapist to identify your specific needs and desired results.

<b>Lip / Chin / Brow</b>	<b>15 min</b>	<b>R120</b>
<b>Underarms / Sides of Face</b>	<b>20 min</b>	<b>R170</b>
<b>Full Face</b>	<b>30 min</b>	<b>R280</b>
<b>Bikini / Half Arm</b>	<b>25 min</b>	<b>R180</b>
<b>Brazilian</b>	<b>40 min</b>	<b>R280</b>
<b>Hollywood**</b>	<b>45 min</b>	<b>R320</b>
<b>Half Leg / Full Arm / Half Chest</b>	<b>30 min</b>	<b>R250</b>
<b>Full Leg</b>	<b>45 min</b>	<b>R370</b>
<b>Back / Chest Wax</b>	<b>45 min</b>	<b>R320</b>

## SPA EXPERIENCES

### Thalgo Polynesia Spa Ritual 1hrs 30min R1200

The Polynesian Ritual takes you on a journey of relaxation filled with fragrances and colours from the Pacific. This intoxicating body journey includes a scrub, hydrobath and an indulgent massage.

### Polynesia Couples Treatment 1hrs 30min R2230 per couple

Polynesia Spa Ritual for two and a glass of bubbly.

### Gents Executive Package 2hrs 30min R1550

60 min Deep Tissue / Hot Stone Body Massage  
60 min Thalgo Ocea Men's Facial  
30 min Foot Reflex / Indian Head Massage

### Camelot Spa Personalised Journey 2hrs 30min R1300 3hrs 30min R1750

Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend two or three and a half hours pampering your every need.

#### 30 min:

Back, Neck and Shoulder Massage  
Indian Head Massage  
Pressure Point Foot Massage  
Salt Glow Body Scrub  
CSpa Hydrating Body Wrap  
CSpa Detox Body Wrap  
Hydrobath  
Rasul Self Application Treatment

#### 60 min:

Swedish Body Massage  
Aromatherapy Body Massage  
Thalgo Spa Skin Facial  
Spa Pedicure

*Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.*

### The Camelot Day Spa 5 hrs R2950

60 min CSpa Hydrating or Detox Body Wrap  
60 min Camelot Universal Signature Massage  
60 min Spa Manicure  
60 min Spa Pedicure  
60 min Thalgo Spa Skin Facial  
Light Spa Lunch  
Thalgo Amenity Pack

## CELEBRATIONS

### Camelot Spa-Ty (min. 4 people) 1hr 15min R800pp

30 min Pressure Point Foot Massage  
15 min Indian Head Massage  
30 min Back, Neck and Shoulder Massage  
Spa Snacks

### Bride To Be 4 hrs R1900pp

60 min Gelish Manicure  
60 min Gelish Pedicure  
60 min Thalgo Source Marine Hydrating Facial  
60 min Camelot Universal Signature Massage

### Teen Spa-Ty 1hr 15min R700pp

15 min Foot Massage  
30 min Back, Neck and Shoulder Massage or CSpa Facial  
30 min Revarnish Hands & Feet  
Spa Snacks

## WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our **complimentary Body Composition Analysis** options.

## CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

## SPA ESSENTIALS

- Please enquire upon booking for treatments marked \*\*.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
  - High blood pressure or heart conditions
  - Recent surgery Muscle or joint injuries
  - Allergy to iodine, or product allergies
  - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

## SPA WELLNESS MEMBERSHIPS

Join Camelot Wellness today. Invest in yourself, feel better and stay well.

### How Your Membership Works

**Step 1:** Full body composition analysis.

**Step 2:** Choose your personalised membership plan suited to your Wellness and Lifestyle goals.

**Step 3:** Points are loaded monthly and are redeemable at Camelot Spas countrywide.

### Monthly Packages

*(per month - minimum 3 months joining period)*

Diamond	<b>R1020</b>
Gold	<b>R1530</b>
Platinum	<b>R2040</b>

### Annual Memberships\*

*(valid for 12 months)*

**R5100**

**R6800**

**R8500**

\*once off payment valid for one year

### Joining fee of R100

Contact us for more information.

# CAMELOT SPA

Val de Vie

+27 (0) 21 867 8001

valdevie@camelotspa.co.za

R301, Wemmershoek Road, Paarl

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## CAMELOT SPA HEAD OFFICE

+27 (0) 11 880 3850 or +27 (0) 86 111 4075 | [info@camelotspa.co.za](mailto:info@camelotspa.co.za) | [www.camelotspa.co.za](http://www.camelotspa.co.za)



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